

# ADITYA PHARMACY COLLEGE

Approved by AICTE & PCI – NEW DELHI, Affiliated to JNTU KAKINADA  
(Formerly known as Aditya Institute of Pharmaceutical Sciences & Research)

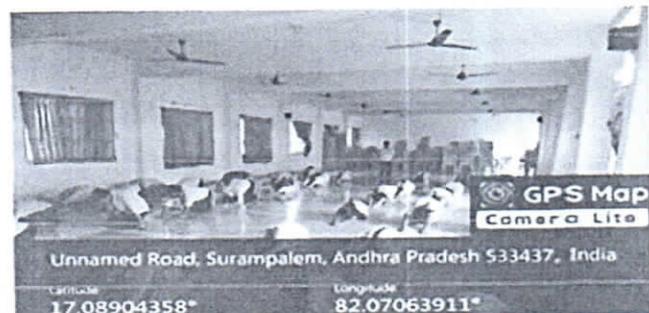
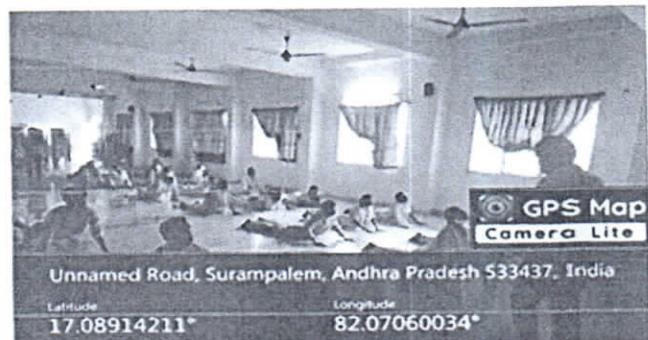
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20-04-2021

## Report on yoga session held on 19-04-2021

Aditya Pharmacy College has conducted a yoga session in association with Palimeru yoga center on 19-04-2021 from 10: 30 am to 12: 00 pm. 117 students from III B.Pharm, III Pharma D and II M.Pharm students have actively participated in the session.

Mr. Masimukkala Haranadh, yoga instructor took yoga session with great dedication. He addressed the students about the importance of yoga education that could help to equip oneself with basic knowledge about one's personality, to learn to handle oneself well in all life situations and to learn techniques of gaining good health and develop a discriminative mind capable of knowing real from unreal and to face the dualities of life with equanimity. The students expressed their gratitude to the yoga instructor for such a pleasant session.



## YOGA PRACTICE ON 19/04/2021

for

PRINCIPAL  
Aditya Pharmacy College  
SURAMPALEM-533437  
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